



Going Back! Visiting and Learning Preparedness Roots

Years ago I did some traveling and research into my ancestry visiting some of the old homesteads that were part of my family history. The photo here is me sitting in front of the kitchen fireplace at the Hempstead Homestead in New London, Connecticut. Yes, Joshua Hempstead (writer of “the diary”) was one of my Grandfathers many years ago as well as Nathaniel and Samuel Hempstead.

After reading the following series of books I reflect back on how my ancestors survived without electricity and the other devices of the 21st century.

- **ONE SECOND AFTER** by William R. Forstchen
<https://www.amazon.com/exec/obidos/ASIN/0765356864/capitalcelt05-20>
- **ONE YEAR AFTER** by William R. Forstchen
<https://www.amazon.com/exec/obidos/ASIN/0765376717/capitalcelt05-20>
- **THE FINAL DAY** by William R. Forstchen
<https://www.amazon.com/exec/obidos/ASIN/B01F20E7GU/capitalcelt05-20>
- **48 HOURS** by William R. Forstchen
<https://www.amazon.com/exec/obidos/ASIN/B07CGBNZK3/capitalcelt05-20>

Growing up in what once was a country truck farming area I heard my parents and grandparents talk about the old days of the early 1900’s and the great depression. We collected rain water, had an old out house and chamber pot for those winter nights. My grandparents raised chickens and other truck farm produce for market. Canning and preparing for hard times was a way of life back then.

Preparedness is practical and a good insurance policy for the possible and unexpected events of the future. Sometimes it may be an emergency but most of the time it just may be what needs to be done to accomplish a goal we want to meet.

For many years I have thought about what life was like for my ancestors. When visiting the old homestead and seeing what they had to work with made me wonder if we are losing the skills and trades they found common in everyday life.

We often visited the **Old Sturbridge Village** in Worcester County, Massachusetts, United States. It is a living history museum of the early 19th century. [Website: <https://www.osv.org>] It gives you a very good idea of what life without electricity would be like.

So what does this have to do with the books I noted above and the concept of Emergency Preparedness? Well, the possibility of finding ourselves trusted back 100 years without any electricity and the modern conveniences may be a reality for the scenario presented in these books and is very possible.

Question, are you ready and prepared to deal with everyday life as if you were living back in the early 1800's? Read and visit living museums to learn the old ways of how to live without the modern conveniences. Preparedness is learning and planning for what may happen.

OTHER BOOKS HELPFUL IN PREPAREDNESS:

(CLICK ON TITLE)

- **Survivalist Family**
Prepared Americans for a Strong America by Joe Fox

The Stonemont Series by Steven C. Smith

- **The Reversion: Book 1**
- **The Revival: Book 2**
- **The Renewal: Book 3**
- **An Appeal To Heaven: Book 4**
- **The Blessings of Freedom: Book 5**

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